



TRINITY MANOR GREENSBOROUGH ISSUE 3 2020

NEWSLETTER

Site Manager Message	1
Training Schedule for Staff	2
Valentines Day	4-5
Rhythm of Daily Life	6-9
Word Search	10
Housekeeping	11-12



**We don't stop playing because
we grow old; we grow old
because we stop playing.**

GEORGE BERNARD SHAW



REMEMBER
TO
LIKE OUR
FACEBOOK PAGE!

Site Manager Message:

Dear Elders, Relatives and Friends,

I have been with the Trinity Greensborough family for just over a month and I feel so blessed and honoured to be able to start to get to know you all. These times of restrictions have made us all appreciate that one of the most important things in life are our family and the connections we have with friends. Trinity Manor has been updating everyone on the changes to the current climate and connections with each other through InterGlass visits, Zoom discussions and In Room visits. I am looking forward to further engaging with everyone at Trinity and to get know you all.

I would like to share my background with you and embrace any questions you may have of me. I grew up in the area and have a family who consist of three children and are starting to become young adults. I have many years of nursing experience, particularly in aged care, as well as continence nursing with the Continence Foundation of Australia and theatre work at Warringal Private Hospital. My passion is aged care and I have completed postgraduate studies in Gerontology and Dementia Care. I love the elderly and enjoy listening to their stories and the history of life experiences, so please feel free to have a chat as my door is always open.

I am looking forward to seeing the Lifestyle program grow further with Jessie and Josh who are engaging and passionate about keeping all the Elders fulfilled in everyday life.

I am fortunate to have Eva, our Clinical Care Manager, assist with overseeing the holistic clinical care you all deservedly receive. I am also impressed by the whole clinical team by their dedication to your care needs. We have been keeping staff informed with regular updates on the current climate and their dedication to ensuring the Elders are keeping engaged can be seen by the various images displayed in this newsletter.

All teams at Trinity are so welcoming and I would like to thank everyone with heartfelt gratitude. I feel humbled and appreciative of you all.

I would like to share a quote,



Family:
where life begins
love & never ends

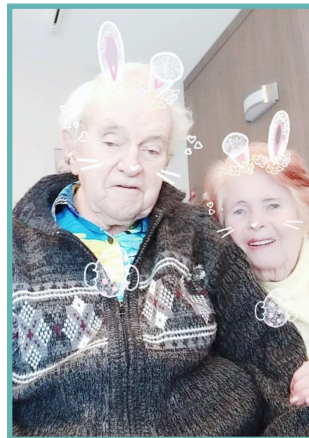
Kindest Regards

Carolyn





Celebrating the Meaning of Easter.
 Our life continues and who could not be happy with chocolate to eat!
 We put together this photo frame to wish everyone a Happy Easter.



HAPPY EASTER



Trinity Manor, Greensborough.

ANZAC DAY 2020



Although Australia commemorated ANZAC Day in various ways, here at Trinity Manor and across our homes, we held our own Services. We took the time to pay our respects to the men and women who live at Trinity Manor, whose service has helped shape Australia.

Lest We Forget.





Rhythm of Daily Life...



Just General life at Trinity. We are staying connected with Window Visits, ZOOM conference calls & face to face visits. This is interspersed with maintaining an active life whilst keeping this COVID thing at bay; from Bingo to Bowls, going for walks, having a cuppa outdoors, a walk in the garden, crafts & exercises, its all happening here





Rhythm of

CHEERS everyone.

Nothing nicer than just a general get together.





Rhythm of Daily Life...





Rhythm of Daily Life...



Butterfly Word Search

D Q G G R I U L E L H N O G P O B S L C A O M Y T A X E V H
 X U B O A K K P E R M H G S H S V A Y Q P U U J O B Q Y T T
 Y U X T W D W A U R O P I F A E A Q J M P O E Q Q B W N D Q
 P L X Z V G B X O P N J W O L P X X E W G K J P F A L B N J
 C G L I A T W O L L A W S R E W O L F O O M V B Q H G N V U
 X E W V R J A B E G R E M E I F Q D V Y X X L L F U V U A A
 G S R H E Y I N S E C T C W L R H I V K E M I E V R F W M M
 Y G M E T A M O R P H O S I S A B A U K O K L W T T C C N D
 A F E E P E I I E A M H I N H S C M W U D T N M W N N D V U
 O H V Y O E N T O M O L O G I S T S W L C D F A N L O J R X
 X X L E D C K A O L C G N I N R U O M Z Q B E L Z Q Q N B C
 R N F D I M H N Y P R F J U D A G Z R W H H J Q M D W W Y F
 B Z F N P N S R S Y S Y S L W L E S Q M Z G N G M R M A S M
 X S B U E U S E Y N D R G T I L L N F V Q A R B S Z G F O O
 C E Q O L M X B T S I A E U N I O J N Q W R J M X Q M J Z S
 A X C P D S R I G F A L L K G P F X P E X D P J L D Q P Q G
 L X H M D V E H T B P L V D C R E M A S T E R L R U Q H I L
 V U I O U P K U M M U I I D E E W K L I M N Z H Y J X C I O
 R K H C P Y P G K Z A T H S J T H O R A X L A G M B F L A P
 K C P C V I W Z J Z S I Z R I A N C H D L F E N L G P I W U
 L T L J L Z Q E X I E R X C F C F I E L A M E F N G T O C X
 J B P I E F G Y U S E F P P K R S L A R I M D A D E R S I I
 A Y B Z N O J F P B W M Y D P H J O D P O S G N I W O D D C
 R F J H W I D V A P K P N S C P Q X B D Y M N E J J S I W R
 L Y A M F J W Y A Q K H Q I J G L E B O O J I C P W M L L B
 O Q R Y F X R T Z W E D P W S O H A L O R H K T O V H H L R
 E A T Z I O M H Q C X L H Q N U O P S R E P S A L C H Y P B
 R K R Z S B O M T I X U V I X I N E U B C W A R I A X C O J
 H B A Q X M M P J D N V Z G R O B X Y Y I X B J U M B K B Q
 L I Y Q J X P R J J X G I U K P H P Y A V F I S M Z Q T V P

ABDOMEN
 ANTENNA
 BALTIMORECHECKERSPOT
 BASKING
 BROOD
 CATERPILLAR
 CHRYSALIS
 CLASPERS
 COMMON SULPHUR
 COMPOUNDEYE
 CREMASTER

DIAPUAUSE
 EGG
 EMERGE
 ENTOMOLOGIST
 FEMALE
 FLOWERS
 FOREWING
 FRASS
 FRITILLARY
 GARDEN
 HEAD

HIBERNATION BOX
 HINDWING
 INSECT
 LEGS
 LEPIDOPTERA
 MALE
 METAMORPHOSIS
 MILKWEED
 MONARCH
 MOURNINGCLOAK
 NECTAR

PAINTEDLADY
 PROBOSCIS
 PUDDLE
 PUPAE
 REDADMIRAL
 SCALES
 SWALLOWTAIL
 THORAX
 VEINS
 VICEROY
 WINGS



Volunteers Wanted

Join us on the Bus with Elders & Lifestyle trips,
If you would be willing to help out, please let
speak with Josh or Jessie in Lifestyle for a non-
committal chat.

Safety & Emergencies

Trinity Manor has an active Health and Safety Program and has systems in place to identify and eliminate/control hazards. If an elder or visitor identifies a hazard please inform staff verbally or complete an Improvement Form for us to follow up. Please ensure your own safety and that of other elders and staff by being mindful of closing doors behind you.

Staff have been trained for emergency procedures. In the event of an emergency, for example fire, follow staffs instructions. Emergency practice drills are conducted each year. You may be asked if you would like to participate.

Trinity Manor is well protected with its advanced and extensive fire detection and fire fighting installations. However, it is recommended that you familiarise yourself with the fire exit locations.

If you hear fire alarm sounding, please await instructions from a staff member.

Please remember in the event of a fire:

- ◆ DO NOT USE THE LIFTS
- ◆ REMAIN CALM
- ◆ PRESS THE NURSE CALL BUTTON TO ATTRACT THE ATTENTION OF A STAFF MEMBER

If you are evacuated, please:

- ◆ Remain calm
- ◆ Leave all belongings behind you
- ◆ Follow the instructions of the staff member
- ◆ Go to the designated assembly area and await further instructions
- ◆ Any visitors or family with an Elders at the time of a Fire or Emergency are also requested to remain in your room and await instructions from staff to ensure an ordered response to emergency procedures.

BOOKING OF CAFÉ WESTBURY

Reminded that due to Stage 3
Lockdown
in Victoria we are not receiving family
Visitors or organizing Family
gatherings in a bid to protect Elders.

VISITORS

Updated Visiting Days & Hours

You Are Reminded that you will need
to make a booking.

Bookings are available for visits Monday
to Friday between the hours of 10.00am
and 2.30pm, and alternating Saturdays
and Sundays 10.30am to 12.00pm.

Please refer to your emailed letter for
booking instructions



ELDERS & RELATIVES

MEETINGS

Group Meetings are Cancelled until further notice.

We will meet in small gatherings with Elders.

TUESDAYS

Time is 10.30am, held in Neighborhood areas

- * **14th April**
- * **16th June**
- * **18th August**
- * **20th October**
- * **15th December**
-

FLU VACCINE

HAVE YOU HAD YOURS?

Our Elders are susceptible to the flue due to health reasons & in some cases medications that can reduce their immune system.

Department of Health
Announcement:

From 1 May 2020, all aged care workers and visitors must have been vaccinated against seasonal influenza to enter an aged care facility.

Trinity will request that all visitors produce a copy of their Flu Vaccination in accordance with Dpt of Health Policy.

ELDERS OUTINGS

& HOME VISITS

Reminded that due to Stage 3 Lockdown

in Victoria we are not receiving family

visitors in a bid to protect

Elders.

FOOD BROUGHT IN:

If visitors bring food for the Elders, please see the Care Manager first, as specific forms in Elders files must be completed.

High Risk foods like meat, fish and dairy will be discarded if not eaten immediately.

Cooked food brought in, again, must be eaten immediately and cannot be stored.

Non-perishable items such as biscuits, must be in a sealed container, labeled and must be dated if kept in the Elders room.

We ask Visitors not to give brought in food to other Elders not only because of the food safety requirements but because the resident may have a medical condition or allergies that may prevent them from eating the food including the possibility that they may choke.

Another reminder, please check with us for any mail that may have arrived.

We love to see relatives and visitors join Elders for a meal.

However, a reminder for you—please remember that we require you to order your meal a minimum of 2 hours prior to a Lunch or Dinner Meal and collect a Meal Voucher to present to catering staff. You can book days ahead too!!

All Elders are served their meals first then those that have pre-ordered their meals.

In not ordering prior to a meal we cannot guarantee that there will be a meal there for you and hence cause disappointment.

Please help us to enable you to have an enjoyable meal at

Blooms Pharmacy is the Pharmacy Group who supplies all medications .

For all queries please call the friendly staff on

(03) 9458 1912

