



Social Calendar

11th May to 17th May, 2020

CARING WITH PASSION AND HEART

Trinity Manor Balwyn

FORM 42.3.7

	MONDAY 11th	TUESDAY 12th	WEDNESDAY 13th	THURSDAY 14th	FRIDAY 15th	SATURDAY 16th	SUNDAY 17th
9.30AM	MORNING MINGLE Social Calendar Distributed <i>Lifestyle</i> NEWS CATCH UP All Areas	MORNING WALKS <i>Weather Permitting</i> NEWS CATCH UP All Areas	MORNING WALKS <i>Weather Permitting</i> NEWS CATCH UP All Areas	MORNING WALKS <i>Weather Permitting</i> NEWS CATCH UP All Areas	MORNING WALKS <i>Weather Permitting</i> NEWS CATCH UP All Areas	Cafe Westbury Closed 	
10AM	MORNING TEA						
10.30AM - 11.30AM	Gentle Ball / Balloon Exercise (BEGINNERS LEVEL) Garden Court Exercise Group (ADVANCED) EDEN 11.00am Gentle Ball / Balloon Exercise Monomeath 1 st Floor	EXERCISE WITH PHYSIO (ADVANCED) EDEN Gentle Exercise (BEGINNERS LEVEL) Garden Court 1 st Floor 11.00am Gentle Exercise Monomeath	EXERCISE WITH PHYSIO (ADVANCED) FIRST FLOOR Exercise Group (ADVANCED) EDEN Gentle ball / Ballon Exercise (BEGINNERS LEVEL) Garden Court 11.00am Gentle Exercise Monomeath	CARPET BOWLS (ADVANCED) EDEN Gentle Exercise (BEGINNERS LEVEL) Garden Court 11.00am Gentle Exercise Monomeath 1 st Floor	Exercise Group (ADVANCED) EDEN COURT Gentle Exercise (BEGINNERS LEVEL) Garden Court 11.00am Gentle Exercise Monomeath 1 st Floor	SUNDAY 11.30 AM ON TELEVISIONS ALL AREAS	
12.00PM	LUNCH - then Relaxation time - After Lunch						
1.30PM - 2.30PM	MOVIE OF THE WEEK ALL AREAS GENTLE MASSAGING <i>Individual</i> 2.30PM SENSORY HOUR GARDEN COURT	1.00PM QUIZ & BRAIN TEASERS HELLO SIRI EDEN BEAN BAG TOSSING Monomeath 2.00PM MOTHERS DAY HIGH TEA FIRST FLOOR 2.30PM SENSORY HOUR GARDEN COURT	BINGO With Pam EDEN BINGO & QUIZ FIRST FLOOR 2.00PM MOTHERS DAY HIGH TEA MONOMEATH 2.30PM SENSORY HOUR Garden Court	CARPET BOWLS (ADVANCED) FIRST FLOOR 2.00PM MOTHERS DAY HIGH TEA MONOMEATH 2.30PM DAILY DEVOTIONS & Hymn Singing Monomeath Garden Court	SCRABBLE EDEN BEAN BAG TOSSING Monomeath HELLO SIRI - Sing A Longs FIRST FLOOR 2.30PM SENSORY HOUR Garden Court	From 1.30pm WEEKEND MUSIC Musical Concerts or Musical DVD's in a Calming Environment ALL AREAS	
2.00PM	AFTERNOON TEA						
3.15PM - 3.45PM	Individual Room Visits ALL AREAS	Individual Room Visits ALL AREAS	Individual Room Visits ALL AREAS	Individual Room Visits ALL AREAS	Individual Room Visits ALL AREAS	WEEK'S INSPIRATION QUOTE Time is like a river. You can't touch the same water twice because the flow that has passed will never pass again. So enjoy every moment of your life now, and don't look back.	
3.30PM - 4.30PM	MUSIC DVD/CDs Mingle with Care Staff Relaxation Hour before Dinner	MUSIC DVD/CDs Mingle with Care Staff Relaxation Hour before Dinner	MUSIC DVD/CDs Mingle with Care Staff Relaxation Hour before Dinner	MUSIC DVD/CDs Mingle with Care Staff Relaxation Hour before Dinner	MUSIC DVD/CDs Mingle with Care Staff Relaxation Hour before Dinner		