



# TRINITY MANOR BALWYN

## NEWSLETTER

### ISSUE 3—2020

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Antonio wearing his Medals & the  
Order of St John Medal presented to him in 2018  
Served in WW2  
Commenced the Italian Chapter of the RSL here in  
Australia



**REMEMBER  
TO  
LIKE OUR  
FACEBOOK PAGE!**

## **Site Manager's Message**

Hi Elders, family and friends;

I would like to start off by saying hello and thank you. As you all may know by now, I have taken over the position as Site Manager for Trinity Manor Balwyn.

Thank you all so much for welcoming me into Trinity Manor Balwyn and for all your well wishes.

Please be reminded you can contact me at any stage should you have any questions or concerns, suggestions or improvements.

The last couple of months have been exceptionally tough for all, and I would firstly, like to thank you all for your ongoing support and very positive messages which we have received in response to Trinity Manors action plans in preventing Covid-19 from entering the home. You have all done a fantastic job in playing such a significant role for our elders, in infection control (hand washing) staying home if you're feeling unwell and constantly staying updated with communications sent out via emails and telephone calls.

I want you all to be assured that with the current coronavirus pandemic that Trinity Manor has put measures into place for the protection of our elders and staff alike.

We have a number of measures in place to ensure that Elders are able to communicate with loved ones during this time; this is through utilizing iPad's, ZOOM Conference Calls, e-mail letters, and staff are able to assist with phone calls, there are window visits as well and Room visits. Where possible it was advised to use Telehealth conferencing for any medical/specialist appointments.

Please discuss with our Clinical Care Coordinator and Reception regarding the setting up and assistance of the above means of staying connected with your loved ones.

It has been great to see that some family members have brought in Elders personal iPads to ensure communication with their loved ones are always maintained.

We are constantly being updated with new information from the department of health and human services and will provide ongoing communication with elders and families regarding these updates.

We continue to strive to ensure that activities are continuing on within the facility and have a number of programs to ensure that Elders are being socially and mentally stimulated during these unprecedented times. If you have any queries regarding the activity program please do not hesitate to contact the Lifestyle Manager, Jessie.

Again, I would like to thank you for your ongoing support. Please stay safe, keep warm and be positive.

Kind regards,

Monica Gangi.

Site Manager.



## Staff May & June Training 2020

- COVID-19—Supporting Residents Emotional & Psychological Wellbeing
- COVID-19—Preparedness
- COVID-19—Response & Management Plan Policies
- Reducing the Risk of Elder Abuse For Older People During COVID-19 via OPAN
- Handwashing Competency (Ongoing)
- Managing Incontinence
- Catheter Care
- Continence in the Elderly & Continence Care
- Infection Control
- Accreditation
- Falls Prevention
- Fire Safety
- Pain: Recognising & Responding







Celebrating the Meaning of Easter.  
Our life continues and who could not be happy with chocolate to eat!  
We put together this photo frame to wish everyone a Happy Easter.

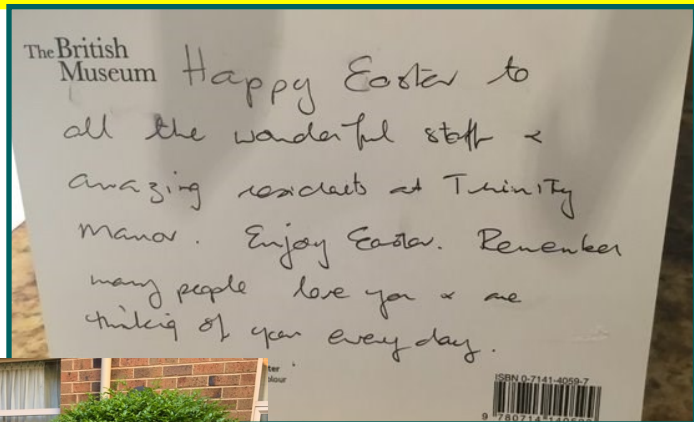




The kindness of others never ceases to amaze us, a beautiful act of kindness during this time with family plus business owner, Melanie who runs her own small business donated these beautiful flowers for Easter, in just wanting to do something wonderful for us. The huge smiles on the faces of our Elders was simply magical. The smell of these gorgeous flowers filled our home just in time for Easter.

Flower arranging helps with creative expression with many more therapeutic benefits; we took advantage of a warm afternoon in our Sensory Garden to make our creations.

A big shout out to Melanie—check out her Facebook Page—Melanie Callander Flowers or Instagram @melanie\_callander\_flowers, or email her on [melaiecallander@gmail.com](mailto:melaiecallander@gmail.com)



A few of the finished Arrangements







A different style of celebrating women who shaped the people that they love, whether that be their own children, step children, nieces or nephews—even the men chose to join us. Out came the good china, silver tea pots and lace tablecloths with a sumptuous afternoon tea of Strawberries dipped in chocolate, Sandwiches & Mini Cup Cakes to select. Lifestyle have been going a bit crazy with their PowerPoint presentations, but we have been enjoying them so much we have asked for more. In this one we learnt the history of Mothers Day, when it commenced especially here in Australia.







# Rhythm of Daily Life...

It has been tough going here at Trinity since keeping the world at arms length—what are we to do? Guess we will just have to endure Happy Hour with Fruit Platter, Cheese & Biscuits and Wine selection for some or other beverages on offer. During this Happy Hour session the Lifestyle Team showed a PowerPoint presentation on the life of Neville Bonner—our first Aboriginal Parliamentarian.



Stuart—served in Papua New Guinea

Although Australia commemorated ANZAC Day in various ways, here at Trinity Manor and across our homes, we held our own Services. We took the time to pay our respects to the men and women who live at Trinity Manor, whose service has helped shape Australia.

Lest We Forget.







# Rhythm of Daily Life...



**Betty, Therese and care staff made up our Easter frame ready for Balwyn, Greensborough & Burwood sites to use for our Easter celebrations.**



**All staff, from hospitality, cleaners, laundry, care & lifestyle teams are putting in the extra time to be with Elders.**

**As a treat Management team aka Cassandra & George rustles up some Cappuccino's for us—keeping our energy going.**



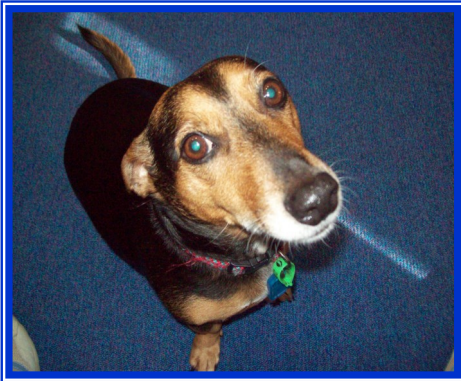


# Rhythm of Daily Life...



Generally we are keeping busy, as you can see we are reading emails and letters sent through, or just going for a walk, taking Pom Pom for a walk, Window Visits, ZOOM Calls and just sitting outdoors when the weather is nice. We are doing well.





# Carl's Comic Corner

WANTED: JOKES & PET STORIES TO ADD TO MY PAGE

Email: *to my human assistant*—Jessie from Lifestyle  
[jessiebainbridge@trinitymanor.com.au](mailto:jessiebainbridge@trinitymanor.com.au)

## Types of Cars

W V S H R B P T R A C E N Y V I F L J J T  
 I N K O K E O T C A P M O C O I I H P C G  
 R N A S F B T N A V I N I M P M E A A U T  
 T O A D O T H S S O K P I E O A R P R U F  
 P W T Z E D T R G J A L E U R T M E O O B  
 N E O A A S O O W A H J S S R O S B U R A  
 O C D D R H L I P C R I E O C I A R V E C  
 G A E O O Y C U T N N D L B U N D R P T I  
 A R R P A O E E Q E K G U R U O B S X S X  
 W D E C O Y R N W S P S C R O D W U U D A  
 N A W O A T S J G I G D I R B Y H V L A T  
 O O O N S I G E V I R D L E E H W R U O F  
 I R P V E L K A Z U N U H P P E Q K X R P  
 T F R E P I I E R K V E Z A H O N G U F J  
 A F A R U T U M R A C K C O T S T X R R G  
 T O L T O U L O W R I D E R E C J D Y E H  
 S X O I C A U T O M O B I L E J H U R O N  
 Q N S B E L E C T R I C T F V R H B T A X  
 C Y N L N B T J S P O R T S M L N R A Y H  
 J A I E B M C B U G G Y Q M U O O Q T C S  
 V D P D E R E W O P S A G Q H D A A I V K

- |                  |               |               |
|------------------|---------------|---------------|
| AUTOMOBILE       | HEARSE        | RUNABOUT      |
| BUGGY            | HOT ROD       | RV            |
| CAR              | HUM VEE       | SEDAN         |
| CLOTH TOP        | HYBRID        | SOFT TOP      |
| COMPACT          | JEEP          | SOLAR POWERED |
| CONVERTIBLE      | LIMOUSINE     | SPORTS        |
| COUPE            | LOW RIDER     | STATION WAGON |
| CRUISER          | LUXURY        | STOCK CAR     |
| DRAGSTER         | MINIVAN       | STRETCH LIMO  |
| ELECTRIC         | OFF ROAD      | SUBCOMPACT    |
| FOUR DOOR        | PARTROL       | SUV           |
| FOUR WHEEL DRIVE | RACE          | TAXI CAB      |
| GAS POWERED      | RAGTOP        | TWO DOOR      |
| HARD TOP         | ROADSTER      | UTILITY       |
| HATCHBACK        | ROTARY ENGINE | VAN           |





**Wishing the following Elders the Most Happiest of Birthdays.  
 Birthday for Months of June & July 2020**

Marsh G	3rd June	Connie H	16th June	Robert C	27th June
Jean W	25th July	Judith F-H	27th July		



Dawn was over come with joy receiving several bunches of flowers.



Helen enjoying her special day



Margaret won't forget 2020 birthday—celebrating with a window visit & celebration



# Safety & Emergencies

Trinity Manor has an active Health and Safety Program and has systems in place to identify and eliminate/control hazards. If an elder or visitor identifies a hazard please inform staff verbally or complete an Improvement Form for us to follow up. Please ensure your own safety and that of other elders and staff by being mindful of closing doors behind you.

Staff have been trained for emergency procedures. In the event of an emergency, for example fire, follow staffs instructions. Emergency practice drills are conducted each year. You may be asked if you would like to participate.

Trinity Manor is well protected with its advanced and extensive fire detection and fire fighting installations. However, it is recommended that you familiarise yourself with the fire exit locations.

If you hear fire alarm sounding, please await instructions from a staff member.

## Please remember in the event of a fire:

- ◆ DO NOT USE THE LIFTS
- ◆ REMAIN CALM
- ◆ PRESS THE NURSE CALL BUTTON TO ATTRACT THE ATTENTION OF A STAFF MEMBER

## If you are evacuated, please:

- ◆ Remain calm
- ◆ Leave all belongings behind you
- ◆ Follow the instructions of the staff member
- ◆ Go to the designated assembly area and await further instructions
- ◆ Any visitors or family with an Elders at the time of a Fire or Emergency are also requested to remain in your room and await instructions from staff to ensure an ordered response to emergency procedures.

Please note, for Nursing Only Queries:

Direct Phone number for Care Manager

Ground Floor is 9091 5244

Direct Phone number for Care Manager

First Floor is 9091 5299

Main Reception Number for all other General

Enquiries is 9091-5200

## BOOKING OF CAFÉ WESTBURY

### CANCELLED DURING COVID 19

### RESTRICTIONS

It is wonderful to see families celebrate special occasions with their Elder. As a reminder to everyone, for 3 or more people, we do require you to use the Café Area and fill a booking form. You can have our wonderful Chef prepare food for you or you can bring in your own delights.

This is for the convenience towards other Elders whilst they go about their day to day activity.

So please, for 3 or more people celebrating, we do ask you to book and use the Café Area; note this does incur a cleaning charge.

For a booking form just ask Reception who will be able to organize one to be either e-mailed or collected.

## **VISITORS**

### **Updated Visiting Days & Hours**

**You Are Reminded that you will need to make a booking.**

Bookings are available for visits Monday to Friday between the hours of 10.00am and 2.30pm, and alternating Saturdays and Sundays 10.30am to 12.00pm.

**Please refer to your emailed letter for booking instructions**





## ELDERS & RELATIVES

### MEETINGS

**Please note Group Meetings have been cancelled**

**Eden Forums to Occur with Elders in their Home Areas.**

**For Any Queries please contact us.**

## FLU VACCINE

### HAVE YOU HAD YOURS?

Our Elders are susceptible to the flue due to health reasons & in some cases medications that can reduce their immune system.

Department of Health

Announcement:

From 1 May 2020, all aged care workers and visitors must have been vaccinated against seasonal influenza to enter an aged care facility.

Trinity will request that all visitors produce a copy of their Flu Vaccination in accordance with Dpt of Health Policy.

## ELDERS OUTINGS

### & HOME VISITS

**Reminded that due to Stage 3 Lockdown**

**Please think about escorting your loved one home for visits or gatherings in a bid to not only protect your family member but other Elders living at Trinity and Staff.**

### **FOOD BROUGHT IN:**

If visitors bring food for the Elders, please see the Care Manager first, as specific forms in Elders files must be completed.

High Risk foods like meat, fish and dairy will be discarded if not eaten immediately.

Cooked food brought in, again, must be eaten immediately and cannot be stored.

Non-perishable items such as biscuits, must be in a sealed container, labeled and must be dated if kept in the Elders room.

We ask Visitors not to give brought in food to other Elders not only because of the food safety requirements but because the resident may have a medical condition or allergies that may prevent them from eating the food including the possibility that they may choke.

Blooms Pharmacy the group that supplies all medications.

Location:

108 Lower Plenty Road,  
ROSANNA

For Queries Contact:

Ph: 03 9458 1912

E: [rosanna@blooms.net.au](mailto:rosanna@blooms.net.au)

## MEALS with Elders

**Reminded that due to Stage 3 Lockdown**

**in Victoria we are unable to accommodate meal for Visitors.**